

Greg Siller's Team Strategies Checklist™

This Team Strategies development checklist contains the strategies designed to teach lines/teams to apply their individual (see Individual Skills Checklist) and positional (see Positional Tactics Checklist) talents, in the defensive, neutral, and offensive zones, to create scoring opportunities as well as defend these zones as a team. Team strategies include concepts such as breakouts and offensive zone penetration; forechecking and defensive zone coverage; power plays and penalty killing; and face-offs. Consistently winning the team battles in each zone will provide your team with the opportunity to win your games.

Use this checklist to help drive your practice planning to enable proficiency in all of the team strategies below.

Team Strategies

- Breakouts
 - Strong Side
 - Weak Side
 - Up-the-Middle
 - D-to-D
 - Using the Boards
 - Forward initiated
 - Goaltender initiated
- Neutral Zone Play
 - Offensive
 - Defensive
 - Passive
 - Aggressive
- Offensive Zone Penetration
 - Reading the Defensive Coverage
 - Dump-and-Chase
 - Regrouping
 - Entering With Speed
 - Curl-and-Pass
- Offensive Regrouping
 - Breakout
 - Neutral Zone
 - 1-on-2
 - 2-on-2
- Offensive Zone Play
 - Zone/Balanced
 - Cycling
 - Using Your Defense
 - Overloading

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- Forechecking
 - 1 Player
 - Aggressive
 - Passive
- Transitions from
 - Offense-to-Defense
 - Defense-to-Offense
- Backchecking
 - Positioning and Coverage
 - 1-on-1
 - 2-on-1
 - 3-on-2
- Defensive Zone Play
 - Zone/Balanced
 - Man-to-Man
 - Overloading
 - Cycling
- Face-offs
 - Assignments
 - Alignments
 - Tactics
- Line Changes on the Fly
- Penalty Killing
 - 1 Player Down
 - 2 Players Down
 - Offensive play during a PK
- Power Play
 - 1 Player Advantage
 - 2 Player Advantage
- Pulling Your Goaltender
 - When
 - Team Positioning
 - Puck Control
- Shootouts
 - Choosing players
 - Tactics
 - Feedback from the game and previous shooters
- Overtime Play
 - Full Overtime Period
 - Sudden Death
 - 5-on-5
 - 4-on-4