

# **Greg Siller's Positional Tactics Checklist™**

This Positional Tactics development checklist consists of the tactics for the positions of defense, forward, and goaltender. Players use their individual skills (see Individual Skills Checklist) and apply those skills to their specific position to gain advantage over opponents, both offensively and defensively.

On offense, this may mean creating a two-on-one attack. On defense, it may mean stopping a two-on-one attack. For a goaltender, it may mean controlling a rebound. Teaching player's to handle 1-on-1, 2-on-1, and 1-on-2 scenarios anywhere on the rink will provide them with the basis for the positional game of hockey. Consistently winning the positional battles will provide players with the opportunity and confidence to win the team battles.

Use this checklist to help drive your practice planning to enable proficiency in all of the positional tactics below.

## **Defense**

- 1-on-1
- 2-on-1
- 3-on-1
- 1-on-2
- 2-on-2
- 3-on-2
- Covering Attackers In Front of the Net
- Covering an Opponent Behind the Net
- Blocking Shots
- Stick Checking
- Body Checking - Give
- Body Checking - Take
- Using The Boards to Contain an Opponent
- Shooting From The Point
- Read/React/Anticipate

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## Forwards

- 1-on-1
- 2-on-1
- 3-on-1
- 1-on-2
- 2-on-2
- 3-on-2
- Defeating Defenders in the front of the Net
- Defeating Defenders behind the Net
- Fakes and Deception (Fake Pass, Stick Fakes, Body Fakes, Change of Pace, Puck Fakes)
- Using The Boards to Defeat a Defender
- Using a Defender as a Screen
- Protecting the Puck
- Puck Control in Corners
- Body Checking - Give
- Body Checking - Take
- Read/React/Anticipate

## Goaltender

- Stance
- Positioning
- Crease Movement
- Playing the Angles
- 1-on-1
- 2-on-1
- 3-on-1
- 1-on-2
- 2-on-2
- 3-on-2
- Saves (Glove, Blocker, Pads, Upper Body, Stick)
- Controlling Rebounds
- Play From Behind the Net
- Screen Shots
- Stick Checking
- Passing the Puck
- Read/React/Anticipate